



Ronald
McDonald
Family Room®
NEPEAN



THE RONALD MCDONALD NEPEAN FAMILY ROOM

After three years in the making, Nepean Hospital will have their own Ronald McDonald Family Room helping out families in need, with the doors scheduled to open in May 2013, in time for Mother's Day.

The Family Room aims to provide respite from the hospital environment for families with children undergoing medical treatment in the Neonatal Intensive Care Unit by giving them a 'home-away-from-home'.

Families will be able to take a break, have a cuppa, shower, check their emails, or heat up a meal in the Family Room's warm, homely environment – seven days a week. Providing a comfortable haven within the hospital for families with children undergoing medical treatment in the Neonatal Intensive Care Unit, the Family Room will consist of two bedrooms with ensuites, a kitchen, lounge and dining area, play area, a mother's breast feeding room and a quiet room.

WHO RUNS THE NEW RONALD MCDONALD NEPEAN FAMILY ROOM?

Debbie Roberts, Ronald McDonald House Westmead Executive Officer, will be responsible for the day to day management of the Family Room, and will be supported by a locally based Family Room Coordinator and a small group of dedicated staff and volunteers. The Nepean Family Room will also be supported by a voluntary local committee comprised of representatives from the Nepean Hospital, Nepean Blue Mountains Local Health District, Nepean Neonatal Intensive Care Unit Parents Support (NNICUPS) and Ronald McDonald House Westmead.

WHO & HOW CAN PEOPLE VOLUNTEER AT THE RONALD MCDONALD NEPEAN FAMILY ROOM?

The volunteers at the Family Room assist the staff and families in many different ways. We are always looking for enthusiastic, kind people to help around the Room on weekdays/weekends in various capacities.

These include:

- ✓ Meet, greet & register families
- ✓ Orientate families to Family Room
- ✓ Ensure beverages are available to guests-e.g. tea, coffee, snacks
- ✓ Provide information, support and resources to guests
- ✓ Light cleaning of bedrooms, bathrooms, all other rooms, fridges & freezers, pantry and storage cupboards
- ✓ Stocktake items in family room
- ✓ Assist with administrative tasks as delegated by Family Room Coordinator
- ✓ Answer enquiries about the Family Room
- ✓ Clean toys and play equipment
- ✓ Assist with fundraising
- ✓ Communicate with other volunteers

Volunteers will be manning the Family Room Monday to Friday - 8am to 8pm, and weekends and public holidays - 8am to 6pm. The length of shifts will vary, averaging between 4-5 hours/shift on a rotational basis.

HOW WILL THE NEW RONALD MCDONALD NEPEAN FAMILY ROOM BE FUNDED?

The new Ronald McDonald Nepean Family Room will be funded via donations from generous businesses and community members.

OUR WISH LIST

We are hoping that you may be able to either donate cash or an item from our wish list below for our families.

Bedside tables
Small table for overnight rooms
Pillows & Pillow protectors
Iron & Ironing board
Vacuum cleaner
Refrigerator/freezers
Microwaves
Scanner/ printer
Two drawer filing cabinets with locks
Computer/office chairs
Toiletry products
Kitchen dishes & containers

Bedside Lamps
Toaster
Double bed quilts & Quilt covers
Crocery
Flat screen TV's with internal DVD player
Dining table to seat 4- 6
Cutlery
Lap top
One drawer dishwasher
Cleaning products and equipment
Children's DVD's, toys and art equipment
CD/ iPod player

NB: Unfortunately we are unable to accept second hand donations due to safety reasons

For more information about the Family Room, to donate or to volunteer please contact: Debbie Roberts, Ronald McDonald House Westmead Executive Officer on debbier@rmhwestmead.org.au , (02) 9845 0600.